

## Education for Life Skills Matrix Helpful Qualities

Quality Level* ▶ ▼	Use of Money & Possessions	Sense of Humor	Mental Faculties	Wisdom
<b>Light</b>	Shares freely with all; Grateful toward benefactors	Appreciates the foibles of human nature	Intuitive; Wise	Reveres wisdom traditions; Appreciates uplifting qualities
<b>Ego-Active Light</b>	Generous toward select people and causes	Whimsical; Occasionally insensitive	Discriminating; Intelligent	Truth-seeking; Respect for uplifting qualities
<b>Ego-Active Heavy</b>	Hoarding; Attached to possessions	Biting; Sarcastic	Over-clever; Arrogant	Indifferent; Mocking
<b>Heavy</b>	Covetous; Has begging nature	Gross; Degrading	Ignorant; Slow; Narrow-minded	Superstitious; Distorts intended meanings

\*Levels of Development:

Light = enthusiastic, expansive, sensitively aware

Ego-Active = high energy, focus on self/ego

Heavy = undeveloped, contractive, low energy